Neighborhood Environment Walkability Scale – Youth (NEWS-Y)

Parent Version

From Active Where? study

Information on scoring can be found at:

Suggested reference:
A. Stores and other public places in the neighborhood where you and your child live

About how long would it take you to walk (on your own, without your children) from your home to the nearest stores or places listed below? Please circle the time it would take you to walk to each place, even if you don’t normally go there.

<table>
<thead>
<tr>
<th>e.g.</th>
<th>1-5 min</th>
<th>6-10 min</th>
<th>11-20 min</th>
<th>21-30 min</th>
<th>31+ min</th>
<th>don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>gas station</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>convenience/corner store/</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>small grocery store/bodega</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>supermarket</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>hardware store</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>fruit/vegetable market</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>laundry or dry cleaners</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>clothing store</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>post office</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>library</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>elementary school</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>middle or high school</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>book store</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>fast food restaurant</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>coffee place</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>bank/credit union</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>non-fast food restaurant</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>video store</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>pharmacy/drug store</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>hairdressers/barber shop</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>any offices/worksites</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
<tr>
<td>bus, subway or train stop</td>
<td>1-5 min</td>
<td>6-10 min</td>
<td>11-20 min</td>
<td>21-30 min</td>
<td>31+ min</td>
<td>don’t know</td>
</tr>
</tbody>
</table>
### B. Recreation places in the neighborhood where you and your child live

About how long would it take you to walk (on your own, without your children) from your home to the nearest recreation place listed below? Please circle the time it would take you to walk to each place, even if you don’t normally go there.

<table>
<thead>
<tr>
<th></th>
<th>Activity</th>
<th>1-5 min</th>
<th>6-10 min</th>
<th>11-20 min</th>
<th>21-30 min</th>
<th>31+ min</th>
<th>don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Indoor recreation or exercise facility (public or private)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>2</td>
<td>beach, lake, river, or creek</td>
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</tr>
<tr>
<td>3</td>
<td>bike/hiking/walking trails, paths</td>
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<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>4</td>
<td>basketball court</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>other playing fields/courts (e.g., soccer, football, softball, tennis, skate park etc.)</td>
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</tr>
<tr>
<td>6</td>
<td>YMCA</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>boys and girls club</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>swimming pool</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>walking / running track</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>10</td>
<td>school with recreation facilities open to the public</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>small public park</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>large public park</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>public playground with equipment</td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>public open space (grass or sand/dirt) that is not a park</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
C. Types of homes in your neighborhood

While thinking about the places where people live in your neighborhood, please circle an answer for each of the following questions. Your neighborhood is the local area around your home, within a 10-15 minute walk in any direction.

1. How common are separate or stand alone one family homes in your neighborhood?
There are:

- 1 None
- 2 A few
- 3 Some
- 4 A lot
- 5 All the residences are separate one family homes

2. How common are connected townhouses or rows of houses in your neighborhood?
There are:

- 1 None
- 2 A few
- 3 Some
- 4 A lot
- 5 All the residences are townhouses or row houses

3. How common are multiple family or duplex homes in your neighborhood?
There are:

- 1 None
- 2 A few
- 3 Some
- 4 A lot
- 5 All the residences are multiple family/duplex homes

4. How common are apartment or condo buildings in your neighborhood?
There are:

- 1 None
- 2 A few
- 3 Some
- 4 A lot
- 5 All the residences are in apartment or condo buildings
Please circle the answer that best applies to the neighborhood where you and your child live. Both local and within walking distance mean within a 10-15 minute walk from your home.

1. Stores are within easy walking distance of our home.
   1   2   3   4
   strongly disagree somewhat agree strongly agree

2. Parking is difficult in local shopping areas.
   1   2   3   4
   strongly disagree somewhat agree strongly agree

3. There are many places for my child to go (alone or with someone) within easy walking distance of our home.
   1   2   3   4
   strongly disagree somewhat agree strongly agree

4. From our home, it is easy for my child to walk (alone or with someone) to a transit stop (bus, subway, train).
   1   2   3   4
   strongly disagree somewhat agree strongly agree

5. The streets in my neighborhood are hilly, making our neighborhood difficult for my child to walk in.
   1   2   3   4
   strongly disagree somewhat agree strongly agree

6. There are major barriers to walking in our local area that make it hard for my child to get from place to place (for example, freeways, railway lines, rivers).
   1   2   3   4
   strongly disagree somewhat agree strongly agree

D. Access to services
E. Streets in my neighborhood

Please circle the answer that best applies to the neighborhood where you and your child live.

1. The streets in our neighborhood do not have many cul-de-sacs (dead-end streets).
   1  2  3  4
   strongly  somewhat  somewhat  strongly
   disagree  disagree  agree  agree

2. The distance between intersections (where streets cross) in our neighborhood is usually short. (100 yards or less; the length of a football field or less).
   1  2  3  4
   strongly  somewhat  somewhat  strongly
   disagree  disagree  agree  agree

3. There are many different routes for getting from place to place in our neighborhood. (My child doesn't have to go the same way every time.)
   1  2  3  4
   strongly  somewhat  somewhat  strongly
   disagree  disagree  agree  agree

F. Places for walking

Please circle the answer that best applies to the neighborhood where you and your child live.

1. There are sidewalks on most of the streets in our neighborhood.
   1  2  3  4
   strongly  somewhat  somewhat  strongly
   disagree  disagree  agree  agree

2. Sidewalks are separated from the road/traffic in our neighborhood by parked cars.
   1  2  3  4
   strongly  somewhat  somewhat  strongly
   disagree  disagree  agree  agree

3. There is grass/dirt between the streets and the sidewalks in our neighborhood.
   1  2  3  4
   strongly  somewhat  somewhat  strongly
   disagree  disagree  agree  agree
G. Neighborhood surroundings

Please circle the answer that best applies to the neighborhood where you and your child live.

1. There are trees along the streets in my neighborhood.
   1  strongly disagree
   2  somewhat disagree
   3  agree
   4  strongly agree

2. There are many interesting things for my child to look at while walking in my neighborhood.
   1  strongly disagree
   2  somewhat disagree
   3  agree
   4  strongly agree

3. There are many beautiful natural things for my child to look at in my neighborhood (e.g., gardens, views).
   1  strongly disagree
   2  somewhat disagree
   3  agree
   4  strongly agree

4. There are many buildings/homes in my neighborhood that are nice to look at for my child.
   1  strongly disagree
   2  somewhat disagree
   3  agree
   4  strongly agree
Please circle the answer that best applies to the neighborhood where you and your child live.

1. There is so much traffic along nearby streets that it makes it difficult or unpleasant for my child to walk (alone or with someone) in our neighborhood.
   1. strongly disagree
   2. somewhat disagree
   3. somewhat agree
   4. strongly agree

2. The speed of traffic on most nearby streets is usually slow (30 mph or less).
   1. strongly disagree
   2. somewhat disagree
   3. somewhat agree
   4. strongly agree

3. Most drivers go faster than the posted speed limits in our neighborhood.
   1. strongly disagree
   2. somewhat disagree
   3. somewhat agree
   4. strongly agree

4. Our neighborhood streets have good lighting at night.
   1. strongly disagree
   2. somewhat disagree
   3. somewhat agree
   4. strongly agree

5. Walkers and bikers on the streets in our neighborhood can be easily seen by people in their homes.
   1. strongly disagree
   2. somewhat disagree
   3. somewhat agree
   4. strongly agree

6. There are crosswalks and signals to help walkers cross busy streets in our neighborhood.
   1. strongly disagree
   2. somewhat disagree
   3. somewhat agree
   4. strongly agree

7. When walking in our neighborhood there are a lot of exhaust fumes.
   1. strongly disagree
   2. somewhat disagree
   3. somewhat agree
   4. strongly agree
I. Crime safety

Please circle the answer that best applies to the neighborhood where you and your child live.

1. There is a high crime rate in our neighborhood.
   1 strongly disagree  2 somewhat disagree  3 somewhat agree  4 strongly agree

2. The crime rate in our neighborhood makes it unsafe for my child to go on walks (alone or with someone) at night.
   1 strongly disagree  2 somewhat disagree  3 somewhat agree  4 strongly agree

3. I am worried about letting my child play outside alone around my home (e.g., yard, driveway, apartment common area) because I am afraid of them being taken or hurt by a stranger.
   1 strongly disagree  2 somewhat disagree  3 somewhat agree  4 strongly agree

4. I am worried about letting my child be outside with a friend around my home because I am afraid my child will be taken or hurt by a stranger.
   1 strongly disagree  2 somewhat disagree  3 somewhat agree  4 strongly agree

5. I am worried about letting my child play or walk alone or with friends in my neighborhood and local streets because I am afraid my child will be taken or hurt by a stranger.
   1 strongly disagree  2 somewhat disagree  3 somewhat agree  4 strongly agree

6. I am worried about letting my child be alone or with friends in a local or nearby park because I am afraid my child will be taken or hurt by a stranger.
   1 strongly disagree  2 somewhat disagree  3 somewhat agree  4 strongly agree