

Figure 4. Abbreviated SOPLAY data recording form.

SOPLAY

(System for Observing Play and Leisure Activity in Youth)

School ID: ___ Date: ___/___/___ Obs. ID #: ___ Reliability: No Yes Temp: ___F Period: BS LU AS

START TIME	AREA	CONDITION					GIRLS				BOYS			
		A	U	S	O	E	S	W	V	Act.	S	W	V	Act.
___:___	1	N Y	N Y	N Y	N Y	N Y	___	___	___	___	___	___	___	___
___:___	2	N Y	N Y	N Y	N Y	N Y	___	___	___	___	___	___	___	___

Form Codes: Temp.=Fahrenheit Temperature BS=Before School LU=Lunchtime AS=After School A=Accessible
 U=Usable S=Supervised O=Organized Activity E=Equipment Provided S=Sedentary W=Walking V=Very Active Act.=Prominent Activity

Activity Codes: 0=No identifiable activity 1=Aerobics 2=Baseball/Softball 3=Basketball 4=Dance 5=Football 6=Gymnastics 7=Martial Arts
 8=Racquet sports 9=Soccer 10=Swimming 11=Volleyball 12=Weight Training 13=Other playground games 14=None of the above